

VET SIS20419 Certificate II in Outdoor Recreation

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Course Overview

This qualification is for students who have a love of the outdoor and want to actively engage in adventure activities whilst learning about themselves, others student and act as environmental stewards in our care of the natural environment in which we all live. The course requires students to participate in multiple field trips each term where participants will develop new technical skills, step outside their comfort zone and engage with others through a Christian world view. Its for students wanting to be active and healthy, explore natural environments and develop personal capabilities that enable them to live a for filling live.

The course consists of weekly interactive learning class, were we talk about sport and recreation programs, how to facilitate different learning, planning skills along with ways we can update and develop our knowledge of this industry. We also learn about and participate in adventurous activities including:

- Rock Climbing and Abseiling,
- Snorkeling and Aquatic Rescues,
- Cycling skills and Mountain biking,

Students get trained to a level where they posses a good level of skills and abilities in these areas, have sound technical knowledge and can assist in facilitating these activities for other students. Students need to understand the commitment needed for this course as there are field trip for each of these activity areas scheduled into each term of the 2024 calendar. The final assessment piece for these students is to assist in facilitating a outdoor education camp program for other students enrolled in faith.

This course uses a range of fundamental skills to develop the students to be able to work in an outdoor or indoor environment and assist in delivering Adventure Based Learning programs for school camps and other recreational activities. The skills and knowledge taught in this course provide a gateway for inclusion in the outdoor industry and provides an entry level of skills and knowledge to assist on programs. We have had some graduates of this program become employed within this sector after they finished school

With the exciting announcement of the 2032 Olympic Games to be hosted in Brisbane; many of our chosen electives like Rock-Climbing and Mountain Biking, are now recognized as Olympic Events. This course could provide an opportunity for students to engage in these areas and promote a future pathway.

[Course Video](#)

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Trainer / Assessor Details

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Key Activities

Students are required to attend interactive classes each week (timetabled on Monday afternoon 1.45pm -3.30 pm) where they will engage with the course work, develop theoretical knowledge and prepare for the 'Field Trips'. Presentations, Discussions, Case Studies and Collaboration with other students is required in each and ever class to keep up with the foundational learning that applies to this course. There are multiple assessment tasks that students need to complete, consisting of theory, practical skills, presentations and analysis of recreation sessions. There is a **term outline** to follow with different topics covered each week. It is expected that students do an additional 1 hr. of homework each week and submit assessment tasks on time, with roughly 10 assessment task due per term.

Field Trips provide the practical opportunities to learn the skills associated with each activity, engage with other students studying this course and have a lot of fun. Each field trip day we formatively assess students on their skills and abilities, with a final summative assessment happening in term 3. Our Term outline is as follows:

Term 1: An introduction to Outdoor Activities: Snorkeling and aquatic skills, Cycling skills and riding on basic dirt trails, Rock Climbing and Abseiling

Term 2: Training in specific skill sets: Mountain biking on purpose built single tracks, Abseiling & Rock-climbing - developing more technical skills and safety procedures, Snorkeling and aquatic rescues

Term 3: Assessment of Field Work: Rock Climbing and Abseiling, Mountain Biking, Snorkeling & Aquatic rescues

All outdoor field work days are associated with assessment tasks. The work is cumulative, meaning that each day counts towards the final competent mark. Its a requirement in some units to do multiple rides or multiple climbing sessions to be deemed competent by the end of the course.

[The Calendar of field trips in 2024 is available here.](#)

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Course Structure

To successfully complete this certificate 2 course, 11 units must be completed. Each unit of work has either an associated task or project, multiple assessment or practical tasks that must be demonstrated by the student to pass. This consists of:

4 core units with general knowledge across all activity areas

7 elective units, consisting of activity streams such as Bushwalking, Snorkeling, Abseiling and Rock-Climbing, Mountain Biking

School Term	Units of Competency	Field work / Excursions
Semester 1	HLTWH001 Participate in workplace health and safety (Core unit) SISOFD002 Minimise environmental impact (Core unit) SISOSNK001 Snorkel SISCAQU002 Perform basic water rescues	Attend an introduction field trip for the following activities: Snorkeling and Aquatic skills Abseiling and Rock Climbing Basic Cycling Skills
Term 2	SISXIND002 Maintain sport, fitness and recreation industry knowledge (Core unit) SISOCYT001 Set up, maintain and repair bicycles SISOCYT002 Ride bicycles on roads and pathways, easy conditions SISOCYT004 Ride off road bicycles on easy trails	Attend a training field trip for the following activities: Snorkeling and Aquatic skills Abseiling and Rock Climbing Basic Cycling Skills.
Term 3	SISOFD001 Assist in conducting recreation sessions (Core unit) SISOABS001 Abseil single pitches using fundamental skills SISOCLM002 Top rope climb single pitches, natural surfaces	Attend a Assessment Field trip for the following activities: Snorkeling and Aquatic skills Abseiling and Rock Climbing Basic Cycling Skills.
Term 4	Catch up on any previous work	Additional Skills Days if needed, including a camp program

Note: Multiple Faith Outdoor Education Camps will be run in 2023, and attendance on some of these programs will cover off on the practical skill components of the course. It would be an expectation that students attend at least one of these programs to act in the capacity of a student trainee in helping with the delivery of these adventure based learning programs.

Students that live in remote geographical location will be able to complete the practical components of this course whilst attending an outdoor education camp.

We also understand that some students might not be comfortable in the water swimming. For these students we have alternative electives being:

SISOBWG001 Bushwalk in tracked environments

SISOCLM001 Top Rope Climb Single pitches , artificial surfaces

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Required Equipment

Students must be able to **access the course material via the use of digital technology** with access to Learning@Faith webpage. Students then work through the lessons, view the recordings and work through the theory and assessment tasks. Theory can be submitted online via learning at Faith.

Student must be able to **attend the field trips**; a calendar of these days and locations is available on the website. Faith will provide all technical equipment, teaching and supervision of these days; with parents and caregivers welcome to attend. Families are responsible to deliver and pickup the students from the field trip location.

Students need to bring the following outdoor items for each event:

Appropriate outdoor clothes for the activity - sun protective and functional for use
Closed in shoes for walking applications
Food, Water, Personal medications for each day
A small backpack to keep their gear organised in
Swim wear and sun protective rash shirt - towel and change of clothes

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Course Units	Settings	Expand	Close
HLTWHS001 Participate in workplace health and safety			
SISOFLD001 Assist in conducting recreation sessions			
SISOFLD002 Minimise environmental impact			
SISXIND002 Maintain sport, fitness and recreation industry knowledge			
SISOCLM001 Top rope climb single pitches, artificial surfaces			
SISOCLM002 Top rope climb single pitches, natural surfaces			
SISOCYT001 Set up, maintain and repair bicycles			
SISOCYT002 Ride bicycles on roads and pathways, easy conditions			
SISOCYT004 Ride off road bicycles on easy trails			
SISOSNK001 Snorkel			
SISOABS001 Abseil single pitches using fundamental skills			
SISOBWG001 Bush walk in tracked environments			

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Course Costs	Settings	Expand	Close
Enrolled Faith Students \$200			
External Students \$1000			
Commercial Cost \$3000-\$4500			

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