

## Brisbane Valley Rail Trail

### Description

This historic railway line was used to carry timbers and supplies to townships for over a century, with the conversion into a cycle / hiking trail finishing in 2018. With a low gradient originally designed for locomotives, it makes for great bike riding with consequently fast cycle speeds, and gradual descents. We plan for a social riding speed of 10km per hour and will be stopping at various sightseeing locations along the way and linking up with our support vehicle for assistance if required.

**Some amount of riding fitness** is required for this camp program. Faith will supply serviced and roadworthy mountain bikes for the program; however, if students would like to bring their own bike, that is also fine (so long as they are roadworthy and capable of doing 60km over 3 days). All bikes have water bottle cages fitted to them, so a **750ml bottle that fits into this is essential**; there are water taps along the way as well to top up. We suggest bringing a **comfortable riding day backpack**, for extra water, snacks and other personal items. Faith does have some large packs that students can borrow.

### Program Aims:

- To engage with other Faith students; work as a collective or team; making new connections and sharing various roles and responsibilities that go with a journey based expedition..
- To provide an adventure-based learning experience that link with the Health and physical Education Curriculum and provide 21st century learning opportunities for students to develop various general capabilities.
- To promote cycling skills as part of healthy living, wellness and being present in the moment.

**Dates:** Saturday 10 September - Monday 12 September 2022

### **Locations:**

Brisbane Valley Rail Trail. Starting at Yarraman, two nights camping at the Toogoolawah Showgrounds.

**Pickup / Drop off Locations:** Faith Underwood Admin Campus, Woodford, Toogoolawah Showgrounds.

### ITINERARY

#### Day 1

8.00am	Meet at Faith Administration Building 2/6 Graham Street, Underwood
8.30am	Prayer for the journey and depart
9.45am	Meet families at Woodford Memorial Park (123 Archer St Woodford)
11.00am	Meet at Yarraman Station Park (McNeil St Yarraman)
11.15am	Welcome, prayer, expectations and journey philosophy
11.30am	Bike fit out, ABCDE checks, shake out ride of Weir Trail (2.2km)
12.30pm	Prayer and lunch
1.30pm	Depart Showgrounds for Benarkin (24km) Support vehicle meet up points at Pinda, Cooyar Creek, Gilla and Nukku The Blackbutt Avocado Festival will be held at the showgrounds, so we will stop here for a little while
4.00pm	Arrive at Benarkin First Settlers Park, load bike onto trailer and travel to Toogoolawah

4.45pm	Arrive at Toogoolawah Showgrounds. Setup camp, stretch and relax
6.00pm	Prayers and dinner
7.00pm	Campfire yarns and plan for the morning
9.00pm	Bedtime

### **Day 2**

7.00am	Wake up, breakfast and prepare for the day
8.00am	Morning devotions
8.30am	Drive to Benarkin First Settlers Park, unload and depart for Harlin (37km) Support Vehicle meet points: Historical Culvert, Linville, Moore, Harlin. Points of interest include: Bora Rings, McNamara's Camp, Heritage listed stone house north of Moore, Linville Rail Station, Moore Cemetery and Timbun Tunnel.
3.00pm	Arrive at Harlin, Simeon Lord Rest Area. Load bikes.
3.30pm	Arrive at Toogoolawah Showgrounds, service bikes, stretch and warm down. Hot showers
6.00pm	Prayer and dinner
7.00pm	Campfire stories
9.00pm	Bedtime

### **Day 3**

7.00am	Wake up, breakfast and prepare for the day
8.00am	Morning devotions, gratitude and celebrating the journey so far
8.15am	Load bike and depart for Harlin
8.45am	Depart Harlin for Toogoolawah Showgrounds (14km)
10.30am	Arrive at Toogoolawah Showground, Pack up tents and load final gear
11.30pm	Lunch and celebratory soft drinks.
12.15pm	Parent pick up from Toogoolawah Showgrounds
1.00pm	Parent Pick up from Esk Showgrounds for Faith at Underwood
2.30pm	Parent pick up from the School (Graham Street, Underwood)

A couple of students are doing both this Brisbane Valley Rail Trail ride and then the Girraween Bushwalking program the next day. For students that live far away, we can organise an overnight billet stay with Faith community members. Please speak to Dan Rush if you need this.

Toogoolawah Showgrounds 0417 738 590

### **Faith School will provide the following items to all students**

- Bus transport to and from the various locations, support vehicles with bike trailers.
- A road-worthy 12 speed mountain bike with front suspension and water bottle cage, bike helmet and high vis vest
- Qualified MTB bike guides, maps of journey and logistical support
- Foam exped sleeping mat
- Tents to share
- Metho stove or Trangia, BBQ and cooking utensils

- Wash up equipment
- All food stores, BBQ and all food items
- Pastoral care and support for students

## **What to bring on School Camp**

All School Camp Programs will have the students engage in various adventure based learning activities where they will be outside and could get dirty. We recommend that they don't come away on camp programs in new or expensive clothing, old comfortable clothes are preferable. If you don't have any items on the list, borrowing from friends or neighbours could be the first option rather than purchasing new stuff.

### **Student clothing and personal equipment list**

Sun Hat	Sneaker x2	Water Bottle 2L	Rain Coat
Warm jumper	Long Pants	Shorts x 3	Shirts x 3
Swimmers	Towel	Underwear x3	Socks x 3

### **Bike riding gear**

Comfortable clothes for riding each day, maybe bike shorts with padding, gloves, small backpack or hydration system

### **Students Sleeping Gear**

Sleeping bag	Single fitted sheets	Pillow and pillow slip
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### **Toiletries**

Soap	Toothbrush and toothpaste	Sunscreen
Insect repellent	Deodorant	

### **Personal Equipment**

Torch	Personal medical requirements	Thongs/sandals
Sunglasses	Pen and paper	

### **Expedition meal preparation**

Plate	Bowl	Cup	Knife	Fork	Spoon
Drawstring bag for eating utensils		Tea towel.			

**What not to bring:** Phones, electronic devices, sharp knives, illegal items